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Capital Times

Cardiff Council Issue 139 July 2012



NEWS



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Photograph by Kiran Ridley

Celebrations take place outside City Hall and (insert) Matt Smith holds the Olympic Flame at Cardiff Bay.

Cardiff gets into the Olympic spirit

OLYMPIC fever has well and truly hit Cardiff.

The very first event of the 2012 Games taking place at the Millennium Stadium on July 25 - two days before the official opening ceremony in London - Cardiff is gearing up to play an important part in the Olympics.

The enthusiasm and excitement people have for the Olympics was apparent when the Olympic Flame arrived into

Cardiff for two days.

People lined the streets to cheer on the inspirational Torchbearers on the Cardiff leg of the flame's UK journey, as it travelled from St Mellons to Cardiff Castle before arriving at Cooper's Field for a special concert.

The following day saw the flame carried around Cardiff Bay, with one of the torchbearers none other than Doctor Who star Matt Smith.

Thousands of people turned

up to watch the actor who said he felt "immensely privileged" to be involved in the event.

Cardiff Council Leader, Councillor Heather Joyce said: "The Olympic Flame coming to Cardiff was an amazing event and I was very proud to see the city play its part so brilliantly. People really came out in force to offer their support and take their place in history."

"The eyes of the world were on Cardiff, as they will be when the Games begin, and

everyone involved helped ensure that this was a huge success."

The first event at the Millennium Stadium will see women footballers from Team GB kicking off the Olympic Games on July 25 against New Zealand.

There are ten other matches being played at the Stadium, including the GB men's team who play Uruguay on August 1. The GB teams will return to the Millennium Stadium for

their quarter finals if the women finish second in their group and the men win their group.

Councillor Joyce added: "In July and August Cardiff will play a pivotal role in the 2012 Olympics and I think everyone is very excited about the city hosting the very first event. The Games will inspire and provide opportunities for many people across our city and I cannot wait for them to begin."

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Events

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A day in a life

The latest in a regular series looking at jobs carried out by Council employees. This month **Rhian Carter**, Senior Environmental Health Officer, talks to Capital Times.



MANY people think of an Environmental Health Officer as a sort of kitchen cop – and although sometimes that's what it comes down to, it only happens as a last resort. In reality, environmental health can mean anything from food safety to noise pollution.

My own job deals with food safety and is mainly about prevention – to protect the public from food-borne illnesses. And the best way to achieve that is to educate food handlers about safe practices.

For example, we have

more than 2500 food premises in Cardiff and it's me and my colleagues in the Council's Food Safety team who ensure that these businesses understand and comply with food safety legislation. To do this, we carry out regular unannounced inspections and deliver food hygiene training. We also investigate complaints about food, hygiene and safety issues and work with the Council Events team to ensure that food traders that come into the city follow the correct

food hygiene regulations.

Another part of our job is to monitor ship movements in and out of Cardiff – inspecting and checking what they bring into the country from other ports in the European Union or, in fact, from the rest of the world. As part of this, the team conduct sanitation inspections and make sure that no infectious diseases are brought into the country.

On top of that, we work closely with Trading Standards to deal with issues like food fraud. This can be anything

from meat without the required health marks to the illegal slaughter of animals that are sold as food.

From time to time, we can be called upon to shut premises that haven't paid their water bills, meaning there is no way that these food businesses can maintain standards of cleanliness and hygiene.

With the Olympic Games coming to Cardiff, the work of the Food Safety team is more important than ever. In fact, I'm now part of a national Food Safety

Squad that's been set up to ensure that the food people buy, cook and eat during the Games continues to meet the required standards. We've also increased the amount of inspections we do and we've held forums and workshops to advise local businesses on best practice.

Businesses can keep up to date with the latest 'Health Matters' newsletters produced by Cardiff Council Public Protection which we make available on Cardiff Council's website.

Lamby Way heralded following visit

CARDIFF Council's leader, Councillor Heather Joyce and the cabinet member for Environment, Councillor Ashley Govier, have visited Lamby Way Household Waste and Recycling Centre (HWRC).

With recycling high on the agenda and tough Welsh Government (WG) targets to achieve, they were keen to meet staff and have a tour of the site that includes the materials reclamation facility (MRF).

The MRF ensures Cardiff's green bags are fully separated into paper, plastic, cans etc and sold to the markets. The hi-tech machinery is capable of dealing up to 50,000 tonnes of

Cardiff's recyclable waste every year.

The MRF facility and other key parts of the waste strategy like reuse schemes, education, enforcement and plans for an organic waste treatment plant, demonstrates Cardiff's commitment to recycling and delivering a greener city.

Councillor Joyce said: "I was delighted to meet the staff at Lamby Way. They perform wonders for the city and its people and their commitment is tremendous. It's great to get up close and see how the recycling process works and the effort that goes in to maximising the recycling rates. This team and the technology

they use will be central to how we work towards making our city a greener and more sustainable place to live."

Councillor Govier added: "The waste agenda is constantly developing and it's our job to stay ahead of the game and we will continue to strive to keep recycling rates rising. There are challenging WG recycling targets to meet in the coming years but given how passionate the team is, we will work closely together to make sure we achieve these goals. It was also clear from our visit that City Services adopt a fully rounded approach to waste management. As brilliant a job as the

recycling collection and site staff do, the Education and Enforcement team is just as crucial in helping to ensure our residents are fully informed on

collection days and how to properly present their waste for collection. I'm looking forward to working with them all on this vitally important agenda."



Councillors Joyce and Govier being shown around Lamby Way.

Committee Dates: July 2012

Tuesday, July 3, Public Protection Committee, 10.30am, Committee Room 3 County Hall.

Wednesday, July 11, Planning (Development Control) Committee, 2.30pm, Ferrier Hall, City Hall.

Thursday, July 12, Cabinet, 2pm, Committee Room 3 County Hall.

Thursday, July 19, Council, 4.30pm, Council Chamber, City Hall.

These dates are correct at time of going to press, however changes can occur due to unforeseen circumstances. If you wish to attend any of these meetings, details may be confirmed with Committee Services at County Hall on 2087 2000.

Jubilee celebrations go off with a bang

SHOWERS didn't dampen the spirits of revellers in Cardiff city centre celebrating The Queen's Diamond Jubilee.

The celebrations began with a Royal Gun Salute at Cardiff Castle followed by a home coming parade by the 1st Queen's Dragoon Guards.

Several hundred people then flocked to St Mary Street for the mother of all street parties - The Cardiff Big Lunch.

St Mary Street was decked out in bunting and union jacks and party goers enjoyed a variety of hilarious street entertainment including jugglers, dancers and comics.

The festivities then came to a close with the lighting of a beacon at Cardiff Castle.

Council Leader Heather Joyce, said: "The Diamond Jubilee brought families and friends together to celebrate the Queen's Jubilee.

It was a brilliant success and demonstrated the true community spirit of Cardiff."



Photographs by Nick Treharne

Children enjoy Jubilee celebrations

SCHOOLS across Cardiff got into the Jubilee spirit with a host of special themed parties and celebrations across the city.

At Riverbank Special School in Caerau pupils celebrated the Diamond Jubilee in style, by inviting their very own 'Queen' to visit the school for a garden party and tree planting ceremony.

School Secretary Jenny Atkins took on the role of the Queen for a day, dressing up and arriving at the school in a limousine to greet the children.

The pupils, aged from three to 11 years, had spent time learning about the Queen and the role she plays as part of the preparation for the party.

Staff and pupils also thoroughly enjoyed making bunting and preparing food for the garden party which was held in the school's sensory garden. To commemorate the Diamond Jubilee, a lavender bush was planted in the sensory garden and it was renamed the Jubilee Garden.



A Birchgrove pupil shows off her festive creation.



Queen for the day Jenny Atkins with pupils and staff at Riverbank Special School.

Help Cardiff to bloom

OVER the coming months the Welsh capital is going to be looking its radiant best ready for the arrival of the Cardiff in Bloom judges.

To help the city along its way, the popular annual competition is now open for schools, businesses and individuals to enter for free and win one of the many prizes on offer.

The competition is not just about flowers and spreading a little colour across the city, it's about the whole community getting involved - no matter what the level of gardening know-how.

The true heart of the established annual competition is to make Cardiff more environmentally friendly, greener in both senses of the word, as well as encouraging a community responsibility for us to all be proud of the city we live in.

From individuals to schools and businesses to community centres, there's a category everyone can enter under. Introducing

floral displays outside the front of properties to improve the look of your street, getting busy in your own front garden or choosing a recyclable container and creating a floral display are just a few ways people can be involved in the competition.



Cardiff is proud of having ten per cent of its city as dedicated green areas - that's an excess of 1,500 hectares of beautiful open space.

Councillor Huw Thomas, Cabinet Member for Sport, Leisure and Culture, said: "With all the recent sunshine, I'm sure you've all been out enjoying your gardens. So now you can reward your hard work by entering into Cardiff in Bloom, and hopefully winning a prize. With so many people visiting the city in July and August for the Olympics, you can do your bit to make Cardiff bloom."

Anyone can enter Cardiff In Bloom and just for participating, the sponsors of the competition, Caerphilly Garden Centre, are giving away £500 worth of vouchers to spend in store to four lucky entrants picked at random from all the entries in the competition.

Application forms and more information can be downloaded from www.cardiff.gov.uk/bloom, picked up in your local library or community hall and cut out from local newspapers and community news.

Biodiversity Corner

Biodiversity is all living things. It provides us with food, clothing, medicine, building materials and fuel. It helps reduce stress and aids relaxation. Each month Cardiff Council ecologist **Laura Palmer** will point out some of the great biodiversity you can see across the city.

JULY

SUMMERTIME; long evenings in the garden, BBQs with friends and uninvited guests - midges. Midge is a term used to loosely describe many kinds of two-winged flies. While some bite, most are not bloodsuckers, but all are food for something else, especially bats.

All UK bat species eat midges. Pipistrelles are the bats you are most likely to see in the evening. They come out just before it gets dark. They are our smallest species weighing just four to seven grammes. They can eat over 3000 tiny insects (including midges) per night.



A Midge



A Pipistrelles Bat

Bats are clean, sociable animals and can live up to 30 years. All UK bats are protected by law.

If you find a bat on the ground in the daytime it probably needs help. Please call the Bat Conservation Trust Bat Helpline on 0845 1300 228 and a trained bat carer will collect and rehabilitate the bat. Do not try to pick the bat up yourself.

I'll be back next month with more biodiversity attractions.

Food for thought

STAFF at Cardiff Catering, the Council's Education Catering Service, showed that the proof was not just in the pudding when they won two industry awards at a national awards ceremony recently.

Paula Doyle, Kitchen Manager at Hawthorn Primary School and the Innovator's Initiative Team were recognised for the excellent service they provide at the prestigious Cost Sector Catering Awards 2012.

The awards ceremony took place at the Hilton London Metropole where the Cardiff representatives beat off strong competition from across the UK.

Paula was presented with the Education Award for demonstrating total commitment to the health and well-being of pupils, while taking every opportunity to develop and

continue to raise the profile of healthy school meals.

Her initiatives include providing 'tasters' of new menu items, teaching pupils how to prepare vegetables grown in the school garden, and preparing samples, displays and refreshments at parents' and governors' meetings.

The Innovator's Initiative Team led the way in the Marketing category. The Innovators Initiative aims to further raise the standards and uptake of primary school meals in Cardiff, where the council last year served 2.3 million meals in 95 primary school locations.

This means providing a consistent offer of attractive, tasty and healthy food and drink in line with Appetite for Life Standards to all primary schools in and around the city.

To boost the operations, in 2010/11 Cardiff Catering developed the Innovators Toolkit, with 20 Kitchen Managers, known as Innovators, spreading the toolkit to the remaining 80 managers through a series of peer supported workshops.

Cabinet Member for Education, Lifelong Learning and Libraries, Councillor Julia Magill, said: "My warmest congratulations go to Paula Doyle and the Innovator's Initiative Team. I'm delighted to hear of Cardiff Catering's success at the Cost Sector Catering awards.

"The school meals service in Cardiff is of the highest quality, providing healthy, nutritious meals to our children and young people so it's wonderful to be recognised by the industry association as being one of the best."

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Summer in Cardiff



Crowds set to flock to Cardiff International Food and Drink Festival

SUMMER is here and that means the return of the foodie event of the year in Cardiff Bay.

The Cardiff International Food and Drink Festival will take place between Friday, July 6 and Sunday, July 8 at Roald Dahl Plass and Inner Harbour.

This year's festival will feature a glorious spread of farmhouse cheese, handmade chocolates, specialist liqueurs and much, much more to tempt the taste buds.

With more than 100 specialist food and drink producers and a beautiful waterfront setting it's the perfect place to sit back, relax and enjoy the free entertainment.

This will include music from the bandstand featuring soul, swing, folk and klezmer, along with a

cornucopia of hilarious walkabout entertainment.

One of the highlights of the festival will be the John Lewis Food Theatre where there will be a range of food demonstrations and hands-on workshops. Signature dishes and seasonal recipes will be prepared using local fresh ingredients, many of which are available to buy on site.

There will also be daily children's workshops where budding young chefs can create their own dishes.

Another attraction that will be opening its doors to the public for the first time this month is the Doctor Who Experience on Friday, July 20.

Based at the new building in Porth Teigr,

Cardiff Bay, The Doctor Who Experience is the first ever interactive Doctor Who exhibition that invites visitors to star in their very own adventure.

Arriving at the venue they will step through a crack in time to become the Doctor's companion, taking on the challenge of reuniting the Doctor with the TARDIS. Fending off threats from some of his most fearsome foes visitors enter a Dalek spaceship and find their way through a maze of Weeping Angels.

Featuring a replica of the 11th Doctor's TARDIS, which visitors get to fly themselves, the interactive walk-through culminates in a stunning 3D finale that sets the scene for fans entering the exhibition.

The exhibition contains the world's most extensive collection of original Doctor Who costumes and artefacts stretching back almost 50 years to the very first series of Doctor Who.

Executive Member for Sport, Leisure and Culture, Councillor Huw Thomas said: "July will see another jammed packed month of events to keep people entertained with the Cardiff International Food and Drink Festival and the opening of The Doctor Who Experience among the highlights. I would encourage people to attend, because these will be fantastic events providing the whole family with plenty to enjoy." For a full list of summer events this July please see pages 12-13.



Crowds flock to last year's Cardiff International Food and Drink Festival

Council worker's Mongolian adventure



Paul Clark and Glenn Bushnell with 'Hayley' getting ready for their journey.

A Cardiff Council employee is embarking on the adventure of a lifetime – a 10,000 mile road trip travelling across some of the remotest terrain on the planet taking in 24 countries, four mountain ranges and three deserts.

Paul Clark, a Housing Assistant in the Council's Housing and Neighbourhood Renewal department, is taking part in the Mongolia Charity Rally that sees hundreds of teams attempt to drive ridiculously unsuitable vehicles across Europe and Asia from London to the Mongolian capital, Ulan Bator.

Paul is undertaking the challenge with his friend Glenn Bushnell and have

named their team Yeeeah Buggy. They will be attempting the journey in a Volkswagen Sandrail dune buggy affectionately named 'Hayley' and are being sponsored by Cardiff-based BCB International, who have provided them with an array of bushcraft equipment including a 'chilli' device which can cool water by 30 degrees centigrade in the desert.

Since the Mongol Rally is an adventure and not a guided tour, its organisers - British charity, Go Help - have "un-invented the un-route". That means that competitors can take any path they like to reach the finish line.

Some teams plummet south through Iraq, Iran

or Afghanistan, others rise up north through the Arctic Circle, while others surge straight through Central Asia and countries that don't even legally exist.

Paul, said: "There's a place to start and a place to finish, but where we go, and what happens in between is anyone's guess."

Competitors are using the adventure to raise much needed funds to help support a number of educational projects for young people in Mongolia and to place skilled health and education volunteers in various locations across the country. They are also using the opportunity to buy vital medical

equipment and each vehicle will also be used by the people of Mongolia once the rally has finished.

Nevertheless, all are aware of the possible dangers involved. "This is not a glorified holiday. It's an unsupported adventure and so by its very nature extremely risky. You really are on your own. I guess that's the whole point. It's about getting out into the world and discovering it for yourself," said Paul.

• For more information, visit the website: <http://mongolia.charityrallies.org> The team can also be followed on Facebook, Flickr and Youtube by searching for Yeeeah Buggy.



News in brief

New chapter for Children's Literature Festival

CARDIFF has announced that it will host its first Children's Literature Festival in March 2013.

The festival will bring together some of the best contemporary children's writers and illustrators to Wales. The festival will be a fun way to encourage children to read and more importantly to enjoy reading.

During the festival young people will be able to meet and interact with some of the most creative minds in children's books and will help to promote literacy and the arts with an inventive and accessible programme of cultural events in key venues across Cardiff.

The Children's Literature Festival will be a key new event for Cardiff's already jam packed events programme. The Council will assist in creating the festival, programming acts and providing venues like Cardiff Castle to play host.

The Cardiff Children's Literature Festival will be organised by Literature Wales, Cardiff Council, Cardiff University, National Museum Wales and The Royal Welsh College of Music and Drama and takes place from Wednesday 20 to Sunday March 24, 2013.

• For more information about Cardiff Children's Literature Festival contact Literature Wales either by calling 029 2047 2266 or emailing post@literaturewales.org

Cardiff praised during visit

CARDIFF Council recently hosted a visit to the city from the UK Trade and Investment (UKTI) Financial Services Team - the organisation charged with attracting foreign direct investment to the UK.

Eight members of the UKTI Team spent the day in the Welsh capital where they were briefed on Wales and the Cardiff city-region's potential, from the Council team and teams from the Welsh Government, Cardiff & Co and leading private sector businesses based in the city-region.

Leader of Cardiff Council, Councillor Heather Joyce, said: "Projects such as the new Enterprise Zone and International Sports Village, alongside major infrastructure schemes such as rail electrification were recognised by the UKTI Team as being strong selling points for Cardiff and Wales."

Regeneration scheme transforms Loudoun Square

RESIDENTS in Butetown are celebrating the successful completion of phase two of an ambitious project aimed at transforming and revitalising the area.

The £13m development – known as @Loudoun – follows four years of community consultation and planning, and is a collaboration between the Council, Cardiff Community Housing Association (CCHA) and Cardiff and Vale University Local Health Board.

Built by the Leadbitter Group, @Loudoun is one of the most environmentally friendly and high quality schemes in Cardiff and is designed to foster and inspire a greater sense of community.

Originally constructed in the 1960s, the former shops and health centre had become an area of Butetown badly in need of regeneration.

The derelict flats above the shops were vacant for many years and a former residential home for older

people was demolished, leaving a run-down feel to the square area.

The project was given the green light in November 2009. Phase one of the construction began in June 2010 and involved building 11 townhouses and two detached homes. During this stage of the development local retailers were temporarily relocated to the ground floor of the new buildings enabling them to keep their businesses open throughout the construction process.

These homes have been allocated to families registered on the Cardiff Common Waiting List (CCWL) who had the highest number of points and had applied for either a three, four or six bedroom house in north Butetown.

Phase three, the final stage of the project, is currently underway and will result in 48 new apartments due for completion in June, 2013.

In total, the scheme will provide 61 much needed modern, affordable homes for local people.

Cardiff Council Cabinet Member for, Housing, Communities and Social Justice, Councillor Lynda Thorne, said: "The Loudoun Square project is something that I have had the benefit of seeing from the planning stage and it's fantastic to now be seeing the work come to fruition. I am delighted to be in my role to see the project come to life.

"The development was something that was vital for the residents of Butetown to provide services that were very much needed. The project which has been delivered with partner organisations, demonstrates the importance of working together for the benefit of the community.

"Community spirit is very much alive in Butetown and the @Loudoun centre has created a place for the community to come together and utilise."



APARTMENTS

THE 48 apartments will be built in the final phase of the scheme with a range of one, two and three bedroom units. The larger apartments are designed for families with disabled requirements and are located on the top floor. These have the luxury of a roof terrace that is fully accessible for disabled users.

The ground floor includes ten one-bedroom flats and are all designed to be used by disabled occupants. Each has a private access to the property. The units

incorporate features such as adjustable kitchens and charging points for electric wheelchairs.

The Loudoun Square scheme is one of a number of exciting regeneration projects currently taking place in Butetown, full details can be found at www.loudounsquare.org.uk. Others include the redevelopment of the Butetown Youth Pavilion and the Butetown Community Centre, both of which are due for completion later this year.

RETAIL UNITS

THE scheme includes a parade of nine new shops fronting directly onto Bute Street providing a warm and friendly shopping environment for local customers. The new high street

contains a pharmacy located directly off Bute Street and incorporates a secondary access into @Loudoun. A further two retail units will be provided as part of phase three.



Andrew Hazard Photography

CULTURE AND MEDIA CENTRE (CMC@Loudoun)

DIRECTLY above the retail units on the first floor is CCHA's exciting new community space which includes a main hall complete with community cinema, a

digital film making suite, a training room and meeting rooms. This space is designed to be flexible to accommodate as many public activities as possible.



HEALTH CENTRE



Andrew Hazard Photography

CARDIFF and Vale University Health Board has moved the existing Butetown Health Centre into @Loudoun. The new centre incorporates two GP practices, a dental practice and a variety of community services from the old health centre building, as well as some services from Grangetown Health Centre.

The Health Centre accommodation is arranged over three floors. The ground floor accommodation will provide high quality clinical accommodation for Dr Saunders and Partners, with some community services. The first floor will provide high quality clinical accommodation for Dr Naseem and Partners to use as a branch surgery, with a range of community services provided directly by the Health Board. The second floor provides office accommodation for the practices and Health Board staff. The Centre has been planned to be purpose designed and will include the following:

- Accommodation for health

- visitors and district nurses.
- Clinical capacity for the GPs to cater for up to 8,000 patients (a net increase in capacity of approximately 3,000 patients over existing services)
- Internal access to the Community Pharmacy run by the Co-operative Society
- A two chair dental practice providing increased patient capacity
- A one chair dental practice providing community dental services
- A podiatry suite
- A suite of multi-functional clinical rooms for community services
- Other community services for the Health Centre include: Child Health, Dietetics, Audiology, Sexual Health Services, Sickle Cell and Thalassaemia Service and the Multicultural Resource Centre.
- A group education room
- Accommodation for practice administrative functions.

TOWNHOUSES

THE 11 townhouses range from three storey four-bed houses to three six-bed houses which are specifically designed to accommodate larger families. All the dwellings are built to a high specification, incorporating current Welsh Assembly Guidance, Building Regulations, Lifetime Homes and Royal Institute of Blind People requirements. There are also two detached houses which are among some of the most environmentally friendly homes in Cardiff achieving Code five compliance under the Code for Sustainable Homes.

PUBLIC SPACE

THE space in front of the townhouses and the health centre is to be laid out as a public landscaped zone, providing a high quality space for the community to use. The materials used to construct the space will be of a high quality standard and are designed to withstand the test of time. Also, a series of new trees will lift the quality and feel of the area.

COMMUNITY FOYER

THE main focal point of the scheme is the community foyer located directly off the new public space. The foyer acts as the heart of the regeneration scheme and provides a communal space that allows access to the health centre, pharmacy, culture and media centre and enterprise units.

Within the foyer, Cardiff Council has introduced 'The Hub at Butetown', a 'one stop' for Council services. The facility is able to answer all basic Council enquiries and is able to help residents contact the right people for more complex issues. Cardiff Council staff also have a specialist service for benefit enquires operating an on-site appointment system. The Hub also incorporates a children's library book corner.

Internally the foyer provides a high quality light entrance with public art, glazed balustrading and a feature staircase with a bridge providing access to the health centre on the 1st floor.

ENTERPRISE UNITS

WITHIN the upper floors of the Centre are CCHA's social enterprise units. These rooms vary in size and are designed for local businesses/user groups to rent as office accommodation.



BEST CENTRE

@Loudoun also houses the BEST centre, a training and enterprise service which provides help for jobseekers to find or train for work and career advice, and guidance for those in or out of work.



Your area - Cardiff Central

Each month the Capital Times will focus on a different area of the city.

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Plasnewydd

Where to find your nearest

COMMUNITY HALL

Penylan Library & Community Centre

Penylan Road
2078 8400
penylancommunitycentre@cardiff.gov.uk

Plasnewydd Community Hall

Shakespeare St
2048 0739
plasnewyddcommunityhall@cardiff.gov.uk

DAY CENTRE

Llanedeyrn Day Centre

The Maelfa
2073 2533

HOUSING OFFICE

North district housing office (Llanedeyrn, Pentwyn)

Maelfa Shopping Centre
Llanedeyrn
2053 7111
housingenquiries@cardiff.gov.uk

LEISURE CENTRE

Pentwyn Leisure Centre

Bryn Celyn Road
2054 9211
PentwynLeisureCentre@cardiff.gov.uk

NEIGHBOURHOOD LEARNING CENTRE

Cathays Neighbourhood Learning Centre
Cathays High School, Crown Way

2069 2044
cathaysac@cardiff.gov.uk

The Friary Neighbourhood Learning Centre

The Friary
2022 7472/3
friaryac@cardiff.gov.uk

Howardian Centre

Hammond Way, Penylan
2043 2700
Howardianac@cardiff.gov.uk

YOUTH CLUB

Cathays Youth Club

Cathays Youth & Community Centre, Cathays Terrace
2037 3144

City Centre Youth Project/Grassroots

58 Charles Street
2023 1700

Howardian Youth Activity Club

Hammond Way, Penylan
2048 3681

Llanedeyrn Youth Club

The Power House, Round Wood, Penylan
2054 9650

Pentwyn Youth Club

Pentwyn Community Centre, Brynheulog, Pentwyn
2054 1409 / 2054 9033

Merchant seafarers remembered

THE annual remembrance service has taken place at the Merchant Navy Memorial in Cardiff Bay.

The memorial was erected in 1997 by the Merchant Navy Association (Wales) to remember the sacrifices made by merchant seafarers during times of conflict.

Every year the Association organise two remembrance services. One in May to mark the anniversary of the dedication of the memorial and the other in November to mark Armistice Day.

The multi-faith service reflected the sacrifices made by

seafarers from all nations and was attended by representatives from associated veterans groups,

These included the Royal British Legion, the Mission to Seafarers, Royal National Lifeboat Institution, the Maritime Volunteer Service, the Merchant Navy Associations of Swansea and Newport, the Sea Cadets, the Royal Naval Reserves, and local shipping companies.

Also in attendance was the Vice Chair of Cardiff Council, Councillor Keith Jones, along with the Lord Lieutenant for South Glamorgan, Peter Beck

and representatives from the National Assembly for Wales.

Councillor Jones said: "This is an important service that takes place each year to remember the contributions and sacrifices made to the nation in wartime by merchant seafarers.

"People often forget just how vital merchant seamen are during times of conflict and this service and memorial ensures that they are honoured and not forgotten."

The music at the service was provided by the Cardiff County and Vale of Glamorgan Symphonic Brass band.



Photograph by Betina Skovbro

Everybody dance now - pupils attempt world record

PUPILS from a Cardiff primary school have taken part in a Guinness World Record attempt for the Largest Dance Routine.

Children from Years 4, 5 and 6 at Ysgol Gymraeg Bro Eirwg in Rumney joined schools around the world in the huge global dance.

The 150 children spent six weeks practicing a specially choreographed five minute dance routine with their PE teacher Rachel McGuinness.

All the schools which took part learned the same dance routine set to the same music to ensure synchronisation across the

world in all the different time zones.

Ysgol Gymraeg Bro Eirwg's Big Dance took place in the school yard, where children taking part were supported by staff and pupils from the rest of the school.

Headteacher Mrs Gaynor

Williams said: "The children were very excited to be dancing as part of such a big global event and to participate in a Guinness World Record attempt. They have thoroughly enjoyed learning the dance routine and we all had a lot of fun."

The school are hoping to

hear whether the world record attempt was successful in the near future.

The event was part of the Big Dance 2012, which is the UK's biggest celebration of dance and part of the London 2012 Festival.

Photograph by Nina Robinson



Children from Ysgol Gymraeg Bro Eirwg following their world record attempt.

New disability football session launched

TO celebrate the 100 day countdown until the Paralympic Games, a brand new football training session for blind footballers has been launched.

The session is part of The Every Player Counts project - a disability initiative which offers excellent football provision for disabled players.

The project, a joint partnership delivered by SportCardiff and Cardiff City Football Club (CCFC), is

already the largest of its kind in Wales and aims to get more disabled people involved in football.

Since its launch in October 2010, the programme has attracted over 500 attendees, with ages ranging from five to 45 years and has 141 registered playing members participating in weekly impairment specific coaching sessions.

Groups include Downs Syndrome, physical

disability, deaf, learning disability and wheelchair users.

Some of the coaching sessions have had an exceptional uptake and the deaf sessions are now the largest in the UK topping those of Manchester United and Arsenal Football Clubs.

Cardiff Council's Disability Sports Development Officer, Jo Coates-McGrath said: "SportCardiff is proud to be a partner in the Cardiff City FC Every Player Counts

initiative which provides football opportunities for many disabled adults and children.

"This is a great example of how grass roots opportunities can be inspired by the Olympics and Paralympics and these ongoing weekly football sessions will be a lasting legacy for Cardiff long after the Games have finished.

"The addition of the new sessions for visually impaired and blind people

will further increase the scope of the project and reach even more people locally. Launching this new session was a fantastic way to mark the 100 day countdown to the Paralympic Games and to celebrate the success of the programme to date."

- Visually impaired sessions take place at Fitzalan High School Sports Facility from 6pm to 7pm on Mondays.



Cardiff Community Safety Sergeant, James O'Donnell, offers crime prevention advice to Capital Times readers.

PLANNING a summer holiday this year?

Then perhaps now is also the perfect time to plan how you will be keeping your home secure.

Burglary is an extremely traumatic experience and South Wales Police is committed to preventing break-ins and arresting those responsible.

Latest Home Office figures show that overall crime in

Cardiff is down four per cent – the equivalent to 1,442 less victims of crime or 27 less crimes every week - but we cannot be complacent.

By following some of these simple tips you can help to make your home more secure while you are away and give yourself that added piece of mind that you have done all you can to keep your home safe.

- Make your home look

occupied.

- If you're out or going away, ask a trusted neighbour to open and close your curtains for you.
- Ask a friend or neighbour if they don't mind occasionally parking their car on your driveway.
- Cut the front and back lawns before you go away.
- Cancel milk and newspaper deliveries.
- Don't advertise that you are

going away on social networking sites such as Facebook.

- Register for the Royal Mail 'Keepsafe' service
- Consider the use of time switches to operate lights during the hours of darkness.
- Leave important documents and valuable personal items such as jewellery with relatives or the bank.
- If you have a burglar alarm, make sure it is regularly

serviced and set it before leaving.

- Register your valuables on one of the numerous tracking websites that are available. This can assist the police in arresting the burglar and returning your property.
- Double-check that you've locked all outside windows and doors.

Cardiff is a safe city – let's help keep it that way!



News in brief

Louise turns 100

A woman from Llandaff North celebrated her 100th birthday after her family arranged for a surprise party at the British Legion Club in Whitchurch.

Louise May Grimshaw was born in Porth in 1912 and as a young girl lived in Rhydfelin.

Throughout her working life she had many different jobs and during the war worked in a power station in Rhydfelin as part of the war effort. Her husband, Sidney, was a prisoner of war during this time.

Louise has always loved travelling and has enjoyed holidays in the past to Majorca, Spain and Italy.

She has two children, Vivian and Gillian, three grandchildren and five great grandchildren. She still lives in her own home with one of her grandsons and is visited regularly by carers.



David Harding-Lyle Pontcanna Photography

The surprise birthday party took place in the lounge of the British Legion Club where she was presented with a bouquet of flowers.

Understanding the cost of a funeral

There is an average of 3,000 deaths registered in Cardiff each year and most of us will be responsible for arranging a funeral at least once during our lifetime.

Depending on the deceased's wishes and the funds available, the cost of a funeral can vary considerably and can be a source of worry. Overall, a funeral can cost around £1,200, but average costs are around £3,000 for a burial and £2,400 for cremation. Also, many funerals are sold as a package and it can be difficult to work out the price of each component.

The coffin can carry a large proportion of the cost of a funeral. For example, the cost price of a standard chipboard coffin fitted out for a funeral, can be around £60 to £70, but may be sold within a package for as much as £700.

When a resident of Cardiff dies, their family are entitled to request a Cardiff Council Funeral Service which is a fixed price – low cost dignified funeral service. This is carried out by A.

J. Stone and W. M. Ham through a tender agreement on the cost with the Council.

The Council Funeral Service is not intended to restrict individuals from employing the service of any Funeral Director they may choose; however, the service is only available through A. J. Stone and W. M. Ham and customers must specifically ask for the Cardiff Council Funeral Service.

What is provided?

- The collection of the deceased from within Cardiff.
- Light oak or dark oak veneered coffin, furnishings and fittings or an environmentally friendly alternative coffin.
- Preparation and dressing of body.
- Viewing in Chapel of Rest between the hours of 9am – 5pm Mon – Fri.
- One out of hours viewing appointment up to 8pm. Additional out of hours viewings can be arranged but

will incur a charge.

- Hearse and one limousine.
- Dignified funeral service.

What is the cost?

As the costs of disbursements vary, that is, payments made by Funeral Directors for services outside their control, the total cost of a funeral can be difficult to estimate. Disbursements include cremation or burial fees, floral tributes, clergy fee, doctors' fee, obituary notices and extra limousines.

To reduce anxiety, the panel shows the costs of a cremation and a burial at Thornhill. Burial costs at Western and Pantmawr cemeteries are identical, although as the service at these locations often occur in a local church, the church fees may increase the final cost. The estimated costs exclude floral tributes, clergy and church fees and obituary notices.

- For more information, contact Cardiff Council's Bereavement Services on 029 2054 4820.

Cardiff Council Funeral Service costs

Cremation at Thornhill

Cremation fee including use of either Wenallt or Briwnant chapel (electronic music) and the unattended scatter of the cremated remains in one of the gardens of remembrance

£480

Funeral arrangement by AJ Stone & W Ham

£580

Fees to doctors for cremation certificate (estimated)

£147

Burial at Thornhill (including new grave)

Funeral arrangement by AJ Stone & W Ham

£580

Purchase of a new grave (100 years) for two burials

£650

Interment fee to excavate grave, dress & backfill

£580

Service in the Wenallt or Briwnant chapel including music

£80

ROGUE TRADERS LINKED TO DOORSTEP CRIMINALS

Trading Standards are launching their summer campaign to raise awareness of doorstep crime, rogue trader and distraction burglaries throughout Cardiff. Doorstep criminals use a variety of tactics to deceive the victim to get into their home under a false pretence. They often claim to be from the water board, an electricity company, local council or other organisations and they will try to pressurise or confuse the person who answers the door. Often they may carry an official looking Photo-ID, and wear an official looking jacket or overall.

Trading Standards recommends the following tips to avoid the Rogue Traders -

Before they knock at the door:

- Consider setting up a password with your utility suppliers
- Trading Standards and South Wales police support a 'Nominated Neighbour' scheme whereby vulnerable members of the community can nominate a neighbour who will check the callers' identity and then return with the caller
- Consider installing a wireless intercom with a Bogus Caller Button or Pendant Buttons with the Community Alarm Service at Cardiff Council
- Do not be afraid to chain your door or speak to caller while your door is locked
- If in doubt, keep them out

When they knock at the door:

- Be wary of any business literature that only gives a mobile phone number. They are difficult to trace
- ID Cards are very easy to fake on a computer. Use a phone number from the telephone directories or directory enquires to see if the caller is genuine
- If you let someone in – stay with them at all times
- Never part with money, documents or other things whatever they say
- Get more than one estimate for work
- Official organisations usually write first. Have you had a letter?
- If you feel afraid, harassed, threatened or intimidated by a caller, call the Police on 999 straight away

For more information, or to arrange a free informative talk for your community group, contact Cardiff Trading Standards on 02920 872 059, or at Tradingstandards@cardiff.gov.uk





Volunteer open day at the Cardiff Story

SINCE The Cardiff Story opened its doors last year, the museum has relied on the generosity and enthusiasm of its volunteers.

Without its loyal team of volunteers, The Cardiff Story would not be able to do half of the exciting things it does, such as caring for its collections, researching its objects, carrying out consultations, installing new community exhibitions and putting on events.

People volunteer their time for various reasons – from meeting new people, learning new skills, getting work experience in the heritage sector to having a new challenge in retirement.

Everyone can get something out of the experience. One volunteer, Catrina, explained: “My time at The Cardiff Story has been a valuable and enjoyable experience – the collections team and the rest of



Volunteers caring for the museum's collections

the staff at The Cardiff Story have been very welcoming and have taught me so much valuable knowledge and information.”

In order to celebrate Volunteer Week, The Cardiff Story held a special volunteer open day so people could find out more about the exciting volunteering opportunities at the museum.

The day was a big success, with the Cardiff Story team

answering questions and speaking to people wanting to know more about the workings of the Cardiff Story and how they can help out.

• If you are enthusiastic about Cardiff's history, wonder what happens to an object once it enters a collection or would like to help get involved with the work of museum call 029 2078 8334 or email cardiffstory@cardiff.gov.uk

Food and fitness finishes with flying colours

THE Food and Fitness for Families initiative has celebrated the end of a successful fitness programme at Albany Primary School.

A celebration day was held at the Plasnewydd Community Hall for the 12 families that have completed the latest course through the school.

The Food and Fitness for Families programme aims to encourage families with children aged 12 and under to improve their eating habits and become more active.

It is designed to teach both parents and children about the importance of healthy eating, getting active and how to play together. Sessions are delivered by the Food and Fitness team and are supported by trained volunteers. The project has now given training and resources to staff so the project can be run at schools.

The programme is made up of fun practical learning sessions that take place, exploring food awareness and active lifestyles as well as healthy eating, food labelling and ways to make meals and recipes healthier.

There are also physical activity sessions which include fun games, a park visit and different sporting activities in community settings.

Cabinet Member for Sport, Leisure and Culture, Councillor Huw Thomas said: “It is a great achievement that so many pupils and their families from Albany Primary School have completed the latest course and they should be praised for their hard work in making changes towards good health and wellbeing.”

“The project continues to educate adults and children about the benefits of fitness and nutrition so they can go

onto lead healthy lifestyles for the future.”

The Food and Fitness for Families Project is delivered by Cardiff Council in partnership with Cardiff and Vale University Health Board and is funded by the Big Lottery Fund.

Since its launch three years ago, the project has seen 162 families complete the programme and 65 volunteers have been trained to deliver the initiative.

Through a successful application to the Big Lottery Fund, the scheme has expanded to include families all over the city as well as partnerships with several primary schools.

Family programmes are run with the support of volunteers who are offered training and experience relating to nutrition, physical activity and play.



Children enjoy the Food and Fitness for Families celebration day.

European visitors to Springwood

SPRINGWOOD Primary school recently welcomed visitors from Hungary and Poland.

The school in Llanedeyrn has formed strong links with schools in these countries as part of a project funded by the British Council which aims to promote global citizenship.

Pupils in Springwood regularly correspond with their counterparts in Hungary and Poland, writing letters and working on projects linked to

the culture and traditions of the three schools.

The project will run initially for two years with communications between schools through email, web sites, letters and video conferencing.

Teachers from Poland, and teachers and pupils from Hungary visited Springwood Primary and enjoyed a number of activities including a school eisteddfod, welsh folk

dancing, as well as trips to Cardiff Castle, the National Museum and St Fagans.

The visitors also joined pupils of Springwood in their class lessons and in a Diamond Jubilee celebration lunch with parents and members of the community.

In October, some pupils, parents and staff will be visiting Hungary to share information and learn about traditions and customs.



Visitors from Poland and Hungary at Springwood Primary School.

Best sellers just a click away

A new library service offering eAudiobook downloads has been launched.

Available 24 hours a day, seven days a week, library members can download bestsellers from Stieg Larsson, Anita Shreve, Dan Brown and many more to play on their MP3 player, iPod or computer from home or anywhere in the world. All that is required is a PC or Mac with broadband internet access and their library membership details.

Each title has unlimited availability, which means any number of library members

can download the latest bestsellers at the same time. This makes waiting lists a thing of the past and means reading groups will be able to listen to the same book at the same time.

There are over 600 titles in the collection with something for all tastes and ages and new titles will be added each month.

Cabinet Member for Education and Lifelong Learning, Councillor Julia Magill, said: “This is an important development for Cardiff Libraries to modernise its service and

attract new members. The new eAudiobook service means our borrowers can enjoy the latest bestsellers wherever and whenever it suits them at a touch of a button.

“The simple download process is friendly for listeners of all ages and every library member can enjoy the new format.”

* For more information about the range of eAudiobooks available through Cardiff Libraries, plus our eBook service, please visit our website www.cardiff.gov.uk/bookstodownload

Capital Events...



Another event brought to you by Cardiff Council www.cardiff.gov.uk or Call C2C on 2087 2087

New Theatre

Tel: 2087 8889

Book online @ www.newtheatrecardiff.co.uk

The New Theatre is spending the summer replacing all of the upper circle seating. It will reopen on September 25 for a fun-packed autumn season.

St David's Hall

Tel: 2087 8444

Book online @ www.stdavidshallcardiff.co.uk

Welsh Artist of the Year 2012 exhibition

Sunday, June 24 - Monday, August 6
From more than 400 entries the panel have selected approximately 100 works to form the exhibition.

Royal Welsh College of Music & Drama Symphony Orchestra

Tuesday, June 26, 7.30pm
The RWCMD Symphony Orchestra celebrates the summer in truly epic style with conductor David Jones.

vIndian Mela

Saturday, June 30, 11am-4pm
Authentic Indian cuisine, various stalls, Bollywood music, dances of India and much more. Free.

Greater Gwent Music Support Service Summer Showcase

Monday, July 2, 7pm
An evening of jazz, orchestral music, massed choir, Taiko drumming and much more.

Rhys Darby - This way to Spaceship

Tuesday, July 3, 8pm
Rhys takes us on an autobiographical journey from meek geek to king of cool.

Mike and The Mechanics

Wednesday, July 4, 7.30pm
An evening of classic songs by Mike and The Mechanics.

Cardiff Comedy Festival Edinburgh previews:

Thursday, July 5, 8pm - Dan Wright and Pat Monahan
Monday, July 9, 8pm - Vikki Stone and Lucy Porter
Friday, July 13, 8pm - Wil Hodgson and Jarred Christmas

Strictly Golden Oldies Tea Dance

Wednesday, July 11, 1.30pm
Join Stan Stennett for an afternoon of dancing.

Sir Ranulph Fiennes: Everest, The Eiger and more!

Wednesday, July 11, 7.30pm
World-renowned polar explorer Sir Ranulph Fiennes will talk about his expeditions.

Debbie Chapman Dancers Present Dansation X

Saturday, July 14, 7.30pm and Sunday, July 15, 7pm
The Debbie Chapman Dancers, as seen on "Britain's Got Talent".

Welsh Proms Cardiff July 21 – July 28:

Family Prom

Saturday, July 21, 7pm
An evening of fantastic music for all the family. Michael Bell conductor.

Fromage en Feu Proms Fringe Event

Saturday, July 21, 5pm
Introducing high spirited musicians, Bristol's very own faux-French Band - six fantasique.

Tiddly Prom

Saturday, July 21–Saturday, July 28 (excluding July 22), 10.30am
Bert's Magical Musical Kitchen is an accessible, interactive and informative preschool concert.

Cardiff Gamelan Prom

Sunday, July 22, 6.30pm
The Javanese Gamelan is surely one of the most spell-binding and exotic sounds of the East.

The Hall of Fame Prom

Sunday, July 22, 5pm
You'll be captivated by the drama and dazzling colours of these all-time classics. Conductor Owain Arwel Hughes CBE.



Organ Prom

Monday, July 23, 1pm
Carlo Curley's performances bring flamboyance, energy and colour to popular favourites.

Roots Unearthed Prom-Flook

Monday, July 23, 8pm
This group has a blend of fiery technical brilliance and adventurous musical imagination.

Elen Edwards-Proms Fringe Event

Tuesday, July 24, 1pm
A recent graduate of the Royal Welsh College of Music and Drama showcases her work.

Siren Sisters-Proms Fringe Event

Tuesday, July 24, 5pm
A blonde, brunette and red head combo perform crooning tunes from the 40's.

Brass & Voice Prom

Tuesday, July 24, 7.30pm
There is nothing quite as rousing as the deep resonance of Wales's fabled male voice choirs.

Bucket Band - Proms Fringe Event

Wednesday, July 25, 1pm
This busking band and have played on the streets across many towns and cities.

Dewi Griffiths

Wednesday, July 25, 5pm
This young musician guarantees to impress with a fresh, original performance.

Tchaikovsky Prom

Wednesday, July 25, 7.30 PM
Royal Philharmonic Orchestra Tchaikovsky never fails to sweep audiences off their feet.

The Liberty Street Jazz Band-Proms Fringe Event

Thursday, July 26, 1pm
The Liberty Street Jazz Band is one of Wales' most popular bands.

Tranquillo-Proms Fringe Event

Thursday, July 26, 5pm

A vibrant and innovative duo bring flute and piano music to life.

Queen's Jubilee Prom

Thursday, July 26, 7.30pm
Joining Owain Arwel Hughes in this celebratory concert.

Daniel Phelps-Proms Fringe Event

Friday, July 27, 1pm
Daniel Phelps is a composer and pianist based in South Wales.

Wonderbrass with Jason Yarde

Friday, July 27, 5pm
Cardiff's own 'Explosion of Sound' bring funk, blues, Latin and uplifting African township melodies.

Ukelele Prom

Friday, July 27, 7.30pm
Enjoy an awesome, funny and virtuosic journey around music from Tchaikovsky to Nirvana.

The South Wales Clarinet Choir

Saturday, July 28, 1pm
Formed following the 2005 Annual Clarinet Convention at the Royal Welsh College of Music and Drama.

Top Shelf Jazz

Saturday, July 28, 4pm
Expect exquisitely crafted music, liberal attitudes and songs of the high life in low places.

Keith Little Band

Saturday, July 28, 6.30pm
Top Jazz, Swing Jump 'n' Jive

Last Night of the Welsh Proms

Saturday, July 28, 7.30pm
With pieces ranging from Rossini and Strauss to traditional favourites, this will be an unmissable night.

Cardiff Castle

Tel: 2087 8100

www.cardiffcastle.com

Beating Retreat – A Prelude to Armed Forces Day

Friday, June 29, 7pm (gates open at 6pm)
The band of the 3rd Battalion, Royal Welsh put on a magnificent display culminating in the lowering of the flag from the Castle Keep.

Open Air Theatre - Macbeth

Friday, July 6 – Saturday, July 7, 7.30pm
Join The Lord Chamberlains Men in this gripping thriller.

Fabulous Family Picnic Supported by Brace's Bread

Sunday, July 22, 4pm
Pack a picnic, put on your favourite fancy dress and join us for a fun filled family picnic with a sporty theme.

The Holiday History Club

Every Thursday from July 26, 10.30am
Join the history detectives and investigate a different time period every week. See website for details.

Park Events

Tel: 2068 4000

www.cardiff.gov.uk/parks

History Trail

Tuesday, June 26, 3pm-4pm
A guided walk from Pontcanna Caravan Site to St John's Church via Bute Park. Meet at the Warden's Office. Free.

Cricket & the Bute Estate

Wednesday, June 27, 6pm - 7.45pm
A lecture by Andrew Hignell, Glamorgan Cricket Museum Archivist. To book call 029 2078 8403. Meet at the Bute Park Education Centre. Admission £3.

The Stream Shuffle!

Saturday, June 30, 10am - 12pm
See what creatures live within the depths of Nant Fawr stream. Bring wellies. Meet at Llanishen Reservoir car park off Rhydyppennau Road.

Roath Park Botanical Walk

Wednesday, July 4, 7pm - 9pm
A guided stroll around the gardens. Meet at Roath Park Conservatory.

Seasonal Walk in Bute Park

Wednesday, July 11, 2pm - 3.30pm
A series of walks throughout the year looking at the varied history of Bute Park. Meet at the West Lodge entrance off Castle Street. Free.

Bat Evening at Hailey Park

Wednesday, July 11, 9pm - 11pm
Discover the bats living in the park by using bat detectors. Meet at Radyr Road Car Park. Free.

The 31st Annual Roath Park Open Day in aid of Local Charities

Saturday, July 14, 12pm - 5pm
An afternoon of free entertainment and fun for all. Next to the children's play area. Free.

Roath Park Conservatory Open Day

Saturday, July 14, 10am-6pm
See plants from around the world with free trails, quizzes and colouring.

Cathays Cemetery Heritage Walk

Sunday, July 15, 2pm - 3.30pm
Discover the history of one of the largest Victorian Cemeteries in Britain. Meet at the main entrance gates on Fair Oak Road. Free.

Go Batty in Nant Fawr

Sunday, July 15, 9pm - 10.30pm
See and hear bats. Meet at the reservoir car park off Rhydyppennau Road. Free.

Animal Olympics

Saturday, July 21, 10am - 2pm
Come along to make a mask of a wild animal whilst learning where it comes from. To book call 029 2044 5911/903. Bring a packed lunch. Meet at the Bute Park Education Centre. £1.50.

Monthly Bird Walk at Forest Farm

Saturday, July 21, 10am - 12.30pm
A guided walk to identify local birds. Bring binoculars. Meet at the Warden's Centre. Free.

Bute Park Champion Trees Walk

Sunday, July 22, 2pm - 4pm
A walk looking at both the champion trees and trees of merit in Bute Park. Meet at the Summerhouse Kiosk. Free.

British Butterflies – Forest Farm

Sunday, July 22, 10am - 1pm
An introduction to the 59 species of British butterfly. To book call 029 2044 5911/903. Meet at the Warden's Centre. Free.

Bute Park Wildlife Detectives

Monday, July 23 – Friday, August 31
Seasonal arts, crafts and fun for families in the Bute Park Education Centre. Visit www.cardiff.gov.uk/butepark

'Love Parks Week' at Victoria Park

Wednesday, July 25, 1pm - 4pm
Join in with the children's art activities and games to celebrate 'Love Parks' week. Meet at the bandstand. £2 per child.

History Trail

Thursday, July 26, 3pm - 4pm
A guided walk from Pontcanna Caravan Site to St John's Church via Bute Park. Meet at the Warden's Office. Free.

Moth Morning at Bute Park

Friday, July 27, 10am - 12pm
Study the different types of moth at close range. Meet at the Bute Park Education Centre. Free.

Libraries

Tel: 2038 2116

www.cardiff.gov.uk/libraryevents

Children's activities

Cardiff Libraries provide free Rhyme Time, Story Time and Language and Play sessions for babies and toddlers. Central Library, The Hayes, has Rhyme Time for 0 -2 year olds every Wednesday and Thursday morning at 10.30am. Please book a place by telephoning 2078 0953 or emailing childrenslibrary@cardiff.gov.uk

Story Time for 2 - 4 year olds in Central Library is on Tuesdays and Fridays at 10.30am. We also have lots of activities happening across Cardiff. Contact your local branch library to find out what activities are available for young children close to your home.

Canton Library 2022 9935

Cathays Library 2078 5580

Ely Library 2056 2064

Fairwater Library 2078 5583

Grangetown Library 2023 0526

Llandaff North Library 2061 3182

Llanedeyrn Library 2073 1428

Llanishen Library 2075 0634

Llanrumney Library 2077 7351

Penylan Library 2078 8400

Radyr Library 2084 2234

Rhiwbina Library 2069 3276

Rhydpennau Library 2075 4657

Roath Library 2049 4538

Rumney Library 2079 5834

Splott Library 2046 2522

St Mellon's Library 2077 9194

Whitchurch Library 2062 8951

Coffee Morning

Rhydpennau Library. Every last Friday of the month. Fairtrade Tea and filter coffee provided. Quizzes, newspapers and crosswords available. Call 029 2075 4657 for details.

Live Music

Central Library. Saturday from 1pm. A wide range of artists performing live. Call the library on 029 2078 0959 for details.

Calling all aspiring Comics!

Sign up for Comedy Workshops at Cardiff Central Library for 14+ age group in association with Cardiff Comedy Festival 16, 17, 19, 20 July Contact nrichards@cardiff.gov.uk to book your place.

Comedy Stand up Gig at Central Library

Saturday, July 21, 7.30pm. For details visit www.cardiff.gov.uk/cardiffcentrallibrary

Flat Holm

Tel: 20877912

www.flatholmisland.com

Rich in wildlife, steeped in history, this unique island is a perfect getaway for the whole family. Why not book a day trip to explore the island or stay overnight at this beautiful location just five miles from Cardiff. Boats depart from Cardiff Bay Barrage, you can find out more about sailing times/dates by calling 02920 877912 or visit www.flatholmisland.com

Wales Millennium Centre

Tel: 08700 40 2000 Web:
www.wmc.org.uk.com

Tan Dance: Love Songs

Monday, June 25, 7pm
An exploration of dreams and make believe featuring singers from Welsh National Opera and Silent Movie.

Inspired

Tuesday, June 26, 7pm
Laurence Clark brings to the stage what he does best - a comedy show.

Desafinado

Wednesday, June 27, 7pm
Audiences will be drawn in by the beauty and feel-good factor of this moving performance.

Dance GB

Thursday, June 28 – Saturday, June 30, 7.30pm
Celebrate the athleticism, diversity and skill of the dancers in this magnificent performance.

Skewered Snails

Thursday, June 28, 7pm
A dark comic tale of unconditional love.

Cierra Los Ojos y Mirame

Friday, June 29, 7pm
See a passionate performance by the cantaores (flamenco singers) and dancers.

'The Closing' with Spymonkey

Saturday, June 30, 7pm
Join Spymonkey 'the greatest clowns working in Britain today'.



Lesley Garrett at St Davids Hall

Wonderful Town

Tuesday, July 3 – Saturday, July 7. See website for performance times.
Connie Fisher returns to the Centre in this musical comedy.

The Gruffalo

Wednesday, July 4–Friday, July 6. See website for performance times.
Join Mouse on an adventurous and magical journey.

Chicago The Musical

Monday, July 9 – Saturday, July 14. See website for performance times.
Audiences will be drawn in by this international award winning musical.

Revolution Cubana

Thursday, July 12–Saturday, July 14, 7.30pm
Dig out your white linen suits, '50s dresses, mustachios, cigars, and khakis, and let the revolution begin.

Briefs

Thursday, July 19 – Saturday, July 21, 8pm
Join Australia's finest mischief-makers in a circus-infused variety show.

Mzansi Cymru: Torchbearers

Friday, July 20 – Saturday, July 21. See website for performance times.
Cross-cultural performance mixing drama, music, circus and dance.

Judgetars

Saturday, July 21, 2pm
Circus, silliness and dance collide in Judgetars.

Sister Act

Tuesday, July 24 – Saturday, August 4. See website for performance times.
The funniest and funkiest nun is on the run with her heavenly sequinned sisters in this hit musical.

In Water I'm Weightless

Thursday, July 26–Saturday, August 4 - See website for performance times
Inspired by the imagination, experiences and attitudes of disabled people across the UK.

Millennium Stadium

Tel: 08700 5582582

Web: www.millenniumstadium.com

The 2012 Olympic Games

Wednesday, July 25–Friday, August 10
The 2012 Olympic Games kicks off at the home of Welsh rugby - the Millennium Stadium - for both the men's and women's football competitions. Cardiff's iconic stadium will be hosting 11 matches. For details visit www.millenniumstadium.com

Norwegian Church Art Centre

Tel: 029 2087 7959

www.norwegianchurchcardiff.com

South Wales Clarinet Choir (SWCC)

Friday, June 29, 7pm-8pm
The SWCC was formed in September 2005 to foster and promote clarinet ensemble playing to the highest standard. £2 (suggested entry fee).

Joie de Vivre Boutique Market

Sunday, July 15, 12pm-5pm
A varied and eclectic mix of stalls that changes monthly all in the lovely setting of the Grieg Room.

City and Bay Events

Email: events@cardiff.gov.uk

Email: Eventsmarketing@cardiff.gov.uk
www.cardiff.gov.uk
www.cardiff-festival.com
2087 2087

All events subject to confirmation.
Information on the L8 (late) night bus service is available from: 0870 608 2608 and www.cardiffbus.com

Community Event

Every Saturday, 9.30am – 1pm
Roath Art & Craft Bazaar in conjunction with the local Farmers' Market at Mackintosh Sports & Social Club, 38 Keppoch Street, Roath. Free entry.

Rhiwbina Floral Society

If you would like to try your hand at flower arranging come and join us. We meet every first and third Tuesday of the month at Rhiwbina Memorial Hall, Lon Ucha, CF14 6HL. Visit www.rhiwbinafloralsociety.org.uk

Cardiff Philatelic Society

If you collect or are interested in stamps, postcards or postal history why not come and meet some like minded people. We meet alternate Tuesday evenings 7.30pm at Llanishen Baptist Church, Fidas Road, Llanishen, CF14 5LZ. Visit www.cardiffphilatelicsociety.org.uk

The Gate Arts and Community Centre

For performance information visit www.thegate.org.uk or call 02920 483344.

Sherman Cymru

For performance information visit www.shermancymru.co.uk

National Museum Cardiff

Through the Magic Mirror: The World of Anthony Browne exhibition
Until September 23

A touring exhibition from Seven Stories, the national centre for children's books. Free.
For details on other exhibitions and events visit www.museumwales.ac.uk/ or call 02920 573000.

St Fagans: National History Museum Festival of British Archaeology 2012

Monday, July 16-Sunday, July 29
Join us for free family activities, displays, talks and demonstrations. Visit website for information. For details on other exhibitions and events visit www.museumwales.ac.uk/en/stfagans/ or call 02920 573500.

Royal College of Music and Drama

For performance information visit www.rwcmd.ac.uk. Box office: 029 2039 1391 / boxoffice@rwcmd.ac.uk

Cardiff International White Water

Experience the thrill of white water rafting. Contact 029 2082 9970 or visit www.ciww.com

Cardiff Bay Water Activity Centre

Learn sailing, rowing, powerboating, windsurfing, archery, fishing and more! Contact 029 2087 7977 or 029 2035 3912 or visit www.cbwac.com

Cardiff Festival 2012 Strawberry-Jam packed full of events!

Friday, May 25 – Saturday, September 2
A fusion of artistic, sporting and cultural events spread across the city during the summer months. From food festivals to family picnics; musicals to melas; sailing to street theatre. Squeeze the most out of your summer and just pick your own event. Visit www.cardiff-festival.com

Tafwyl - Cardiff Celebrating All Things Welsh

Friday, June 22–Friday, June 29
Tafwyl is a week-long festival of Welsh language activities in various locations around the city including Cardiff Castle. The event hosts a range of activities for adults and children ranging from music, cookery, comedy and literature workshops to stalls selling Welsh produce. For details visit www.tafwyl.org

Cardiff: One Planet Festival

Friday, June 29–Sunday, July 8
The festival brings together a wide range of events across Cardiff to celebrate what people, active networks and projects in Cardiff are doing to live smart, sustainable, 21st Century lifestyles. For details visit www.cardiff.gov.uk/sustainabledevelopment

Cantonian High School, Fairwater

Saturday, June 30, 12noon - 4pm
Annual Summer Fayre.

Cardiff International Food and Drink Festival - Roald Dahl Plass and Inner Harbour

Friday, July 6 – Sunday, July 8
With over 100 specialist food and drink producers and a beautiful waterfront venue it's the perfect place to sit back, relax and enjoy the free entertainment. Visit www.cardiff-festival.com

Cardiff Multicultural Mela - Roald Dahl Plass, Cardiff Bay

Sunday, July 15, 12noon - 6pm
The Mela showcases a wide diversity of cultures, music, dance, arts, fashion and food. Visit www.cardiffmela.com



Tiddly Prom at St Davids Hall

Doctor Who Experience - Porth Teigr, Cardiff Bay

Opening Friday, July 20
This interactive journey takes visitors on a spectacular adventure through time and space. Visit www.doctorwhoexperience.com

Home Nations International Rowing Regatta – Cardiff Bay Barrage

Saturday, July 21, 11am–5pm
Teams compete in the 1500 metre multi lane course that stretches from the Barrage to the Inner Harbour.

On Your Marks! - City Centre

Wednesday, July 25, 12noon - 6pm
As Cardiff gears up for the opening event of the 2012 Olympics the city celebrates with a full day of entertainment featuring music, comedy and sport. Visit www.cardiff-festival.com

Your Ward surgeries

ADAMSDOWN

Nigel Howells, Contact: 029 2046 5233. 1st & 3rd Saturday of every month, 11.00 am - 12 noon, Roath Library, Newport Road

Manzoor Ahmed, Contact: Members Services on 029 2087 2020. 2nd & 4th Saturdays of the month, 10.30-11.30 am, Roath Library, Newport Road.

BUTETOWN

Ali Ahmed, Contact: 07976 358 696. Every 2nd & 4th Saturday in the month 11.00am-12.00pm, County Hall, Atlantic Wharf, Cardiff (in the office to the left of reception).

CAERAU

Peter Bradbury & Elaine Simmons, Contact: 07973 179 577. Every Saturday, 10.00am - 11.00am, Western Leisure Centre, Caerau Lane, No appointment necessary.

CANTON

Richard Cook, Cerys Furlong and Ramesh Patel, Contact: Members Services on 029 2087 2020. Every Saturday, 10.00am - 11.00am, Canton Library, Library Street.

CATHAYS

Elizabeth Clark, Contact Members Services on 029 2087 2020. Every Saturday, 11.00am - 12.00 noon, Cathays Library, Fair Oak Road.

Knight, Merry & Weaver, Contact: Members Services on 029 2087 2020. Every Saturday, 11.00am - 12.00 noon, 1st Saturday of the month held at Cathays Community Centre, Cathays Terrace. All other Saturdays,

Cathays Library, Fair Oak Road. For City Centre Surgeries please contact Members for details.

CREIGIAU & ST FAGANS

Graham Thomas, Contact: Members Services on 029 2087 2020

CYNCOED

Margaret Jones, Kate Lloyd and David Rees, Contact: Members Services on 029 2087 2020. Tuesday 19 June 2012, 10.00am - 11.00am, Lakeside Deli, Clearwater Way. Tuesday 17 July 2012, 10.00am - 11.00am, Lakeside Deli, Clearwater Way.

ELY

Brian Finn, Susan Goddard, Russell Goodway, Contact: Members Services on 029 2087 2020. 1st & 3rd Saturday of the month except for August, 10.00am, Ely Day Centre, Grand Avenue

FAIRWATER

Lisa Ford & Neil McEvoy, Contact: Members Services on 029 2087 2020. Every Saturday, 11.00am - 12noon, Fairwater Library. Every Wednesday, 12noon - 1.00pm, Pentrebane Community Centre.

Paul Mitchell, Contact: Paul.Mitchell@cardiff.gov.uk. 1st and 3rd Saturday, 11.00 am - 1.00pm, Street surgeries at various locations. 2nd and 4th Saturday, 2.00 - 3.30pm, Fixed surgeries at Fairwater Library.

GABALFA

Ed Bridges and Gareth Holden, Contact: Members Services on 029 2087 2020.

Thursday 5th July 2012, 6.00pm-7.00pm, North Star Public House, North Road. Thursday 2nd August 2012, 6.00pm - 7.00pm, Heath Public House, Whitchurch Road.

GRANGETOWN

Govier, Lomax & Thorne, Contact: Members Services on 029 2087 2020. Every Monday, 6.00pm - 7.00pm, Grangetown Library, Havelock Place. 3rd Monday of every month, 12.00 - 1.00pm, Grangetown Library, Havelock Place. 1st Wednesday of the month, from 6pm, Channel View Flats Community Room.

HEATH

Fenella Bowden, Contact: 029 2069 2435. 1st Saturday of the month, 10.00 - 11.00am, Birchgrove School; and 2nd Thursday of the month, 6.30 - 7.30pm, Ton Yr Ywen School, and as advertised within the Ward

Lyn Hudson, Contact: Members Services on 029 2087 2020. 1st Wednesday of every month except August, 5.30pm-6.30pm, Maesycod Community Centre.

Graham Hinchey, Contact: Members Services on 029 2087 2020.

LISVANE

David Walker, Contact: 029 2076 5836. Saturday - 28 July 2012, 10.30 - 11.30am, The Old School Cabin, Heol Y Delyn, Lisvane.

LLANDAFF

Gareth Aubrey & Kirsty Davies, Contact: Members Services on 029 2087 2020. 2nd Saturday of every month, 12.30pm - 1.30pm, Llandaff Parish

Hall. 4th Saturday of every month, 12.00 noon - 1.00pm, St Johns Hall, Danescourt.

LLANDAFF NORTH

Dilwar Ali & Siobhan Corria, Contact: Members Services on 029 2087 2020. 1st & 3rd Tuesday of each month: 5.30pm - 6.30pm, Llandaff North Library, Gabalfa Avenue, Llandaff North. 2nd & 4th Thursday of each month: 10.00am - 11.00am, Gabalfa Community Education Centre, Colwill Road, Llandaff North.

LLANISHEN

Phil Bale, Garry Hunt & Julia Magill, Contact: Members Services on 029 2087 2020. Every Saturday, 10.00am - 11.00am, Cardiff North Labour Office, 13 Llangranog Road, Llanishen.

Andrew Graham, Contact: Members Services on 029 2087 2020. 1st Saturday of every month, 10.30 - 11.30 am, Llanishen Leisure Centre, Ty Glas Avenue.

LLANRUMNEY

Heather Joyce, Derrick Morgan and Jacqueline Parry, For details, please contact Members Services on 029 2087 2020. 1st Saturday of every month & every Tuesday, 9.30am, Llanrumney Library, Countisbury Avenue.

PENTWYN

Joseph Carter, Paul Chaundy, Keith Hyde and Judith Woodman, Contact: Members Services on 029 2087 2020. Alternate Fridays, 11.30am - 12.30pm, The Powerhouse, Llanedeyrn, 029 2054 9650; or The Dome, Pentwyn, 029 2054 9033, School term times only. No appointment necessary.

PENTYRCH

Craig Williams, To book an appointment or arrange a house call please ring: 07843 233 083 or email: crwilliams@cardiff.gov.uk

PENYLAN

Patricia Burfoot, Bill Kelloway and Freda Salway, Contact: Members Services on 029 2087 2020. Friday 22 June 2012 & Friday 13 July 2012, 6.00pm, Marlborough Primary School, The Foyer, Agincourt Road.

PLASNEWYDD

De' Ath, Javed, Lent & McGarry, Contact: Members Services on 029 2087 2020. Every Saturday morning, 10.00am - 11.00am, Penylan Library and Community Centre, Ninian Road (except August), First Monday of every month, 2.00pm - 3.00pm, Plasnewydd Community Centre.

PONTRENNAU & OLD ST MELLONS

Dianne Rees, Contact: Members Services on 029 2087 2020. 1st Saturday of every month (except August) 9.30am-10.30am, Caer Salem Baptist Chapel, Tyr Winch Road. 1st Monday of every month (except for Bank Holidays and August), 6.00pm - 7.00pm, Pontprennau Community Centre, Heol Pontprennau.

Georgina Phillips, Contact: Members Services on 029 2087 2020. 1st Saturday of every month, 9.30am - 10.30am, Upstairs at Pontprennau Community Church Centre, Heol Pontprennau. 1st Saturday of every month, 11.00am - 12.00 noon, The Hall at the rear of Caersalem Baptist Church, Mill Lane, Old St. Mellons.

RADYR & MORGANSTOWN

Roderick McErlach, Contact: 029 20843106. Email: rmckerlich@cardiff.gov.uk

RHIWBINA

Jayne Cowan, Brian Jones, Adrian Robson, Contact: 029 2062 7757. Saturday 30 June 2012. Rhiwbina Festival Day. 10.00am - 12.30pm. Rhiwbina Library, Pen y Dre. Friday July 27 2012. 10.00am - 11.30am, Rhiwbina Farmers Market, Butchers Arms, Heol y Felin.

RIVERSIDE

Iona Gordon, Cecelia Love & Phil Hawkins, Contact: Members Services on 029 2087 2020. Every Saturday, 10.00am - 11.00am, Canton Library (opposite Iceland), Cowbridge Road East, CF5 1QD, On bus route 17 and 18.

RUMNEY

Derbyshire & Jacqui Parry, Contact: Members Services on 029 2087 2020. 1st Tuesday of the month, 10.00am, Rumney Library, Brachdy Road.

SPLOTT

Luke Holland, Greta Marshall & Huw Thomas, Contact: Members Services on 029 2087 2020. Every Wednesday, From 6.00pm, Moorland Community Centre, Moorland Road, Splott, CF24 2LG.

TROWBRIDGE

Ralph Cook, Monica Walsh, Contact: Members Services on 029 2087 2020. 1st Saturday of every month (excluding Aug & Jan), 10.00am, St Mellons Library, Crickhowell Road, St Mellons.

Michael Michael, Contact: Members Services on 029 2087 2020. 1st Wednesday of every month (excluding Aug & Jan), 9.00am - 10.00am, Trowbridge Community Centre, Caernarvon Way, Rumney.

WHITCHURCH & TONGWYNLAIS

Jonathan Evans, Chris Davis, David Groves & Benjamin Thomas, Contact: Members Services on 029 2087 2020. First Saturday of the month: 11.00am - 12.00pm in Whitchurch Library. Second Saturday of the month: 11.00am - 12.00pm in Whitchurch Community Centre. Third Saturday of the month: 11.00am - 12.00pm in Ararat Baptist Church, Whitchurch. Fourth Saturday of the month: 11.00am - 12.00pm in Bethesda United Reformed Church, Tongwynlais.

Councillors are also available by phone. Call Member Services on 2087 2020 or visit www.cardiff.gov.uk/councillors for details. Surgeries are not held on Bank Holidays

PRIMARY SCHOOLS MENU 25 JUNE -20 JULY 2012

| MONDAY 25 JUNE / 16 JULY | TUESDAY 26 JUNE / 17 JULY | WEDNESDAY 27 JUNE / 18 JULY | THURSDAY 28 JUNE / 19 JULY | FRIDAY 29 JUNE / 20 JULY |
|---|--|---|---|--|
| Scrambled Egg and Sausage Newcastle Sub V Soft Potatoes Baked Beans Artic Roke with Fruit A range of desserts to include Fresh Fruit or Muller Yoghurts | Homemade Pepperoni Pasta Bake Homemade Vegetarian Pasta Bake V Jacket Potato filled with Tuna or Cheese Sweetcorn Homemade Rice Pudding A range of desserts to include Fresh Fruit or Muller Yoghurts | Homemade Chicken Tikka Homemade Vegetarian Tikka V Oven Baked Fish Finger Wrap Potato Wedges Mixed Vegetables Colelaw Homemade Cornflake Crisp A range of Desserts to include Fresh Fruit or Muller Yoghurts | Roast Turkey Sage and Onion Stuffing and Gravy Cheese Vegetable Pasta V Roast New Potatoes Cabbage Carrots Coconut Slice A range of Desserts to include Fresh Fruit or Muller Yoghurts | Oven Baked Crispy Golden Fish Cheese Egg and Potato Bake V Creamed Potatoes Garden Peas Baked Beans Apple and Strawberry Tart with Custard A range of desserts to include Fresh Fruit or Muller Yoghurts |
| 02 JULY | 03 JULY | 04 JULY | 05 JULY | 06 JULY |
| Homemade Margherita Pizza V Jacket Potato filled with Tuna or Baked Beans Herby Chopped Potatoes Baked Beans Homemade Rice Pudding A range of desserts to include Fresh Fruit or Muller Yoghurts | Beefburger in a Bun V Chopped Potatoes Colelaw Tomato Sauce Homemade Chocolate Brownie with Chocolate Custard A range of Desserts to include Fresh Fruit or Muller Yoghurts | Homemade BBQ Chicken Homemade Vegetable Curry V Savory Rice Broccoli Sweetcorn Homemade Chocolate Crunch Cookies with Apple Wedges A range of Desserts to include Fresh Fruit or Muller Yoghurts | Roast Pork Sage and Onion Stuffing and Gravy Homemade Corned Beef Pie Homemade Cheese and Potato Pie V Roast New Potatoes Broccoli Carrots Fruit Jolly with Ice Cream A range of Desserts to include Fresh Fruit or Muller Yoghurts | Alaskan Salmon Bake Country Vegetable Bake V Creamed Potatoes Scagetti Hoagie Pasta Homemade Eves Pudding with Custard A range of Desserts to include Fresh Fruit or Muller Yoghurts |
| 09 JULY | 10 JULY | 11 JULY | 12 JULY | 13 JULY |
| Meatballs in Gravy Veg Balls in Gravy V Santitas on Toast Creamed Potatoes Garden Peas Carrots Homemade Apple and Mango Crumble with Custard A range of desserts to include Fresh Fruit or Muller Yoghurts | Homemade Pasta Bolognaise Homemade Pasta Napolitan V Garlic Bread Jacket Potato filled with Cheese or Baked Beans Green Beans Peaches with Ice Cream A range of desserts to include Fresh Fruit or Muller Yoghurts | Homemade Chicken Korma Homemade Vegetable Korma V Oven Baked Crispy Golden Fish Bake Creamed Potatoes Garden Peas Tomato Sauce Homemade Lemon Drizzle Sponge A range of desserts to include Fresh Fruit or Muller Yoghurts | Roast Beef Yorkshire Pudding and Gravy Pork Sausage Vegetable Sausage V Roast New Potatoes Broccoli Sweetcorn Muller Fruit Yogurt A range of desserts to include Fresh Fruit or Muller Yoghurts | Oven Baked Fish Fingers Homemade Golden Cheese Wheel V Cajun Potatoes New Potatoes Garden Peas Colelaw Fruit Sponge with Custard A range of desserts to include Fresh Fruit or Muller Yoghurts |

Fresh salad, extra bread and an extra piece of fruit are offered daily.
V This is a vegetarian product or a vegetarian version is available. Please note that different term dates may apply. This menu represents our full range of meals, your school may have requested a smaller selection.



Seafood with this mark comes from a fishery that has been independently certified by the MSC as a well managed and sustainable fishery.



SIX chances to
WIN A YEAR'S MEALS
..... in less than
10 MINUTES!



School caterers want to know what you think. Take part in our online survey before 31 July 2012 and you will be entered into a prize draw.

www.surveys.cardiff.gov.uk/schoolmeals2012

The survey should take less than 10 minutes and you will have the chance to win school meals for 1 of your children from September 2012 to July 2013. There are 6 prizes, each worth £350. Winners will be notified before 31 August 2012.

Thank you and good luck.